

Blackburn Taekwon-Do Dojangs Present...

Annual Inter-School Tournament

Saturday, March 28, 2009

Dear members,

I would like to invite you to take part in our Annual Inter-School Tournament. This tournament should be a great way to prepare our local athletes for the large scale tournaments coming in the next two months.

This competition is for mainly for Color Belts (white to Black Stripe) of ALL AGES. The tournament will be divided into the following divisions for all age groups:

- Division #1** – White Belt (10th Grade) to Yellow Belt (8th Grade)
- Division #2** – Green Stripe (7th Grade) to Blue Stripe (5th Grade)
- Division #3** – Blue Belt (4th Grade) to Black Stripe (1st Grade)
- Division #4** – Black Belt (from 11 to 17 years of age only)

The rules for sparring in this tournament for color belts will be **light touch** permitted **to the body** and absolutely **NO CONTACT to the head**. Each sparring round will be 1.5 minutes for all ages and divisions. All competitors must wear appropriate mouth guards as well as hand and foot gear for sparring. **All children competitors MUST WEAR** Head Gear.

Competitors who do not have the appropriate Sparring Gear will not be allowed to compete in Sparring.

We hope to see you for this event. You will find all the relevant tournament information below.

<u>EVENT NAME:</u>	Blackburn Taekwon-Do Inter-School Tournament <i>Blackburn TKD Annual Inter-School Event</i>
<u>EVENT DATE:</u>	Saturday, March 28, 2009
<u>EVENT LOCATION:</u>	Blackburn Taekwon-Do – MAIN SCHOOL 2652 Innes Road, Ottawa, Ontario, K1B 4Z5
<u>FOR MORE INFO:</u>	(613) 837-6948 or email: blackburntkd@hotmail.com
<u>EVENT TIMES:</u>	8:45 to 8:55 AM – Black Belt Meeting (<i>first shift</i>) 9:00 to 10:30 AM – All Belts, Ages 5 to 10 Years Old 10:45 to 10:55 PM – Black Belt Meeting (<i>second shift</i>) 11:30 to 1:30 PM – All Belts, Ages 11 to 17 Years Old 1:45 PM to 3:30 PM – Ages 18 & Over
<u>EVENT COST:</u>	\$ 20 per competitor (register by March 24) \$ 2 for per spectator (pay at the door) THERE WILL BE NO REGISTRATION AT THE DOOR
<u>FORWARD ALL FORMS & PAYMENTS:</u>	Brigitte Jobin – <i>Blackburn Taekwon-Do Administration</i> 1839 Appleford Street, Ottawa, ON, K1J 6T5

PLEASE MAKE ALL CHEQUES PAYABLE TO “BLACKBURN TAEKWON-DO”
www.blackburntkd.org/blackburnitfchallenge.htm

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INDIVIDUAL APPLICATION FORM

\$ 20 Per Competitor (Up to 3-Events) / \$2 Per Spectator

Name: _____ Age: _____ Sex: _____

Address: _____

City: _____ Province / State: _____ Postal / Zip Code: _____

Phone: (_____) _____ Dojang: _____

Height: _____ feet _____ inches Weight: _____ lbs

Competing in: (_____) Patterns (_____) Sparring (_____) Flying Side Kick

Category:

- | | |
|---|--|
| <input type="checkbox"/> 5 to 7 Years Old | <input type="checkbox"/> White Belt, Yellow Stripe or Yellow Belt |
| <input type="checkbox"/> 8 to 10 Years Old | <input type="checkbox"/> Green Stripe, Green Belt or Blue Stripe |
| <input type="checkbox"/> 11 to 13 Years Old | <input type="checkbox"/> Blue Belt, Red Stripe, Red Belt or Black Stripe |
| <input type="checkbox"/> 14 to 17 Years Old | <input type="checkbox"/> Black Belt - All degrees - Up to 17 years only... |
| <input type="checkbox"/> 18 Years and Over | |

For Free-Sparring – PLEASE READ

Remember that **Foot Gear, Hand Gear, Mouth Guard and Head Gear** are **all mandatory**. Men must also wear a **safety cup** (jock).

Any competitor without the proper gear for sparring will not be allowed to compete!

I hereby submit my application to compete in the Blackburn Taekwon-Do Inter-School Tournament. I fully understand that this is a Taekwon-Do competition. In this activity, competitors will be performing combat simulated movements in the form of hand and foot techniques in a competitive manner where the object in order to be successful is to score points by means of making light contact with the opponents body and head and where my participation may lead to any kind of injury for myself, my fellow competitors or people in attendance of the event.

I agree to subject myself to and abide by the rules of the competition and the referee who will over look my participation of the tournament. As safety is the number one concern of the event, I agree to follow the instructions of the centre referee and acknowledge that failure to do so will result in my disqualification from the event.

I hereby release Blackburn Taekwon-Do, Steven LeGrow, it's principals, employees and agents of and from any claim for loss or injury sustained in the course of tournament, however caused on the date of the competition.

Signature of Applicant: _____ Date: _____

The undersigned parent of the above applicant agrees to indemnify and save Blackburn Taekwon-Do, Mr. LeGrow, it's principals, employees and agents from any claim for loss, injury or damage to persons or property in the course of any training program in which my child is enrolled which my child or any person claiming through my child may have at any time arisen out of or connected with the tournament.

Signature of Parent / Guardian: _____ Date: _____